

Second Look

April 9 & 10, 2021



Painting by Sara Williamson, Class of 2021



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Welcome back to the UF COM. As the April 30th deadline approaches, we are glad you decided to visit again with us virtually to learn more about our culture. Until you can meet your amazing classmates in person and start learning in our magnificent education building, our main goal right now is to make it as easy as possible to interact with some of the fabulous teachers, administrators, and students who will guide you during medical school to find the discipline where you can best use your gifts to serve patients. Please feel free to ask us questions and discuss with us your future because our goal is to help you find the institution that is the best fit for you. We of course hope it is here.

Sincerely,

A handwritten signature in cursive script that reads "James W. Lynch Jr, MD". The signature is written in a light brown or tan color.

James W. Lynch Jr, MD, Assistant Dean for Admissions



All presentations and panels are available online at
<https://admissions.med.ufl.edu/second-look/>

Friday, April 9, 2021

7:00pm - 8:30pm

Networking Reception

Hosted by Medical Honors Program Class of 2025



Medical Honors Program Class of 2025

Saturday, April 10, 2021

11:00am-11:30am

Welcome

Colleen Koch, MD, MS, MBA, Dean, College of Medicine

11:30am - 12:45pm

Faculty Panel

Moderated by Krystal Glasford and David Vanderbilt,
First Year Medical Students

12:45pm - 1:00pm

BREAK

1:00pm - 2:15pm

Life as a Medical Student Panel

Moderated by Jeff Dela Cruz, President, Class of 2024 and CJ Arcalas,
Vice President, Class of 2024

2:15pm - 2:30pm

Closing Comments

James Lynch Jr, MD, Assistant Dean for Admissions



DID YOU KNOW:

UF Health Shands Hospital emerged as Florida's top health center and one of the nation's elite in the U.S. News & World Reports 2020-21 Best Hospitals survey. Nine specialties placed in the nation's Top 50, five of those ranked the highest in Florida



DID YOU KNOW:

UF COM is now ranked No. 36 in the nation and No. 15 among public institutions in the 2022 U.S. News & World Report Best Medical Schools rankings, rising four spots from last year



DID YOU KNOW:

UF COM is ranked in the top 50 of all U.S. medical schools for NIH research dollars awarded to medical schools and is ranked No. 22 among public institutions



DID YOU KNOW:

UF Health Shands Children's Hospital is nationally ranked in three pediatric medical specialties as part of U.S. News & World Report's Best Children's Hospital rankings for 2020-21



DID YOU KNOW:

In August 2020, UF Health conducted its first triple-organ transplant—and first of its kind in the state of Florida



DID YOU KNOW:

UF Health Jacksonville is the first site in the world to test a new drug designed to prevent excessive bleeding that can occur from taking ticagrelor, a popular blood-thinning medication



DID YOU KNOW:

The Class of 2021 had a 100% match in the highly competitive specialties of Plastic Surgery, Dermatology, Urology and Ophthalmology



DID YOU KNOW:

UF Health Shands earned a Vizient four-star rating in 2020, which is the result of outstanding efforts to work collaboratively, across all disciplines, to ensure patients come first. Six domains measured: mortality, efficiency, safety, effectiveness, equity, patient-centeredness



DID YOU KNOW:

The first double-lung transplant performed in the Southeast for a man who beat COVID-19 was by UF Health's nationally ranked lung transplant team

Anaclerio Learning and Assessment Center



“ I think the opportunities offered by UFCOM's Anaclerio Learning and Assessment Center (ALAC) are some of the most valuable parts of our curriculum. At the end of the day, all of the book learning and didactic lectures in the world will mean nothing if you do not know how to interview a patient and perform a physical exam. The ALAC provides a space for us to learn those skills and learn them *well*. I think Dr. Velazquez and the other educators who help teach in the ALAC are some of the best we have at UFCOM. They are truly committed to student advocacy and student education. This is where I was taught how to listen to hearts, palpate lymph nodes, elicit reflexes, and everything in between. During my third year, I was able to correctly identify heart murmurs, organomegaly, neuromuscular abnormalities, and other findings that had been missed or undocumented in the patient up to that point, and I attribute my ability to do so to the high-quality education I received from the ALAC staff. For context, the first time I ever tried to use a stethoscope as an MS1, I listened for the heart on the wrong side of the chest. Nobody starts out being already good at this. The ALAC also has a robust coalition of standardized patients, which allows us the opportunity to practice our physical exams and clinical histories. It provides a safe place to practice, where it is okay to screw up (*Such as the first time I ever took a sexual history, and walked out of the room somehow having accidentally agreed to meet my ~50 year old "patient" for drinks later. Fun fact! You should NOT do that*). I will be a better doctor because of the education and training I received through the ALAC as a medical student. Dr. Velazquez and her team's teachings have played a part in every patient I have and will ever treat and I am incredibly grateful. ”

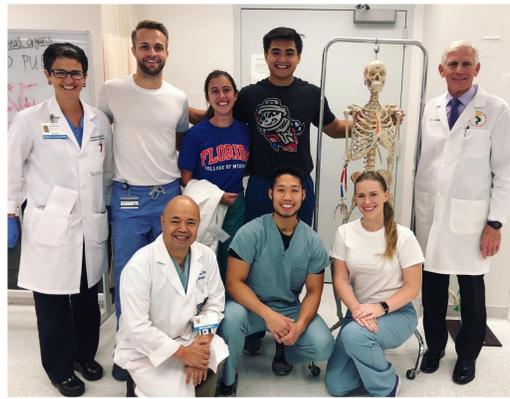
[Maria Velazquez, MD](#)

Director, Anaclerio Learning
and Assessment Center



**-Daniel Buchen, Fourth Year Medical Student,
Matched into Pediatrics**

Anatomy Lab



“Anatomy is often considered a rite of passage in medical school. You may experience an array of emotions during this sacred experience, from grief for those that have passed to gratitude for their altruism as they strive to give back even in death. I had never taken a course in anatomy before and was increasingly apprehensive about our first day in the lab. My sole goal that day was to not pass out or share the contents of my breakfast with my classmates. The elegance of human anatomy quickly overcame those fears and I grew to love my time in the lab. Carefully dissecting the delicate vessels and fully appreciating the complex and detailed network of organs working together towards a common goal far outweighed the occasional tedious chore of removing adipose globules from an array of cavities. I was fascinated by the variations in anatomy between each body, which has helped me to appreciate the individual differences I see in all of my patients. The didactic curriculum also aligns with anatomy so, for example, you learn about the pathophysiology of lung diseases while dissecting the lungs, which helps to solidify the connections between microscopic and macroscopic changes. If there is any advice I could give to future medical students, it’s to treat these wondrous individuals with the care and respect that you would want, and to use this opportunity to learn from them as much as possible. You will never forget the sense of accomplishment you feel when you dissect out a beautiful middle cervical ganglion, or the eureka moment of realizing (maybe on the practical) that the inferior pancreaticoduodenal artery really exists. You will make so many wonderful memories during this time. Embrace it.”

-Emily Edwards, Fourth Year Medical Student, Matched into Internal Medicine

[Kyle Rarey, PhD](#)

Professor of Anatomy



[Amanda Maxey, MD](#)

Research Assistant Professor



Center for Experiential Learning & Simulation

“My experience with the Simulation Lab at UFCOM has been instrumental in incorporating “hands on” experience and tactile skills that I could not get elsewhere. In order to learn any new skill you have to fail many times before you can successfully execute the skill. Invasive skills like peripheral IV’s, central venous catheters, suturing, endotracheal intubation, Point-of-care ultrasound techniques and interpretation are just some critical skills every medical student should learn and practice but cannot safely perform for the first time on most patients in a clinical setting. We not only practice individual skills but also team-based scenarios so that learn to effectively work as a team during an emergent situation. The Simulation Center provides a safe environment where we can practice these skills without the fear of hurting ourselves or our patients, a safe place where we can learn and grow from our mistakes.”

**-Anthony Barrios, MD, Class of 2020,
First Year Resident, UF Department of Anesthesiology**

Mary Patterson, MD, MEd

Assistant Dean for the Center for
Experiential Learning & Simulation



Thomas LeMaster, MSN, MEd, RN

Director of Operations for the Center
for Experiential Learning & Simulation



Student Panel & Moderators



Gabriella de Paz

Fourth Year Student

UG: MIT

- Neurology
- Non-traditional
- White Coat Company
- Latino Medical Student Assoc.
- Gainesville native



Nazaree Edwards

First Year Student

UG: UF

- First-generation
- Med school before and after COVID
- Wellness in med school
 - Mentoring



Ally Fraser

First Year Student

UG: UF

- White Coat Company
- Equal Access Clinic - Eastside Clinic Ops Coordinator
- Pediatrics and ENT



Ariel Hall

First Year Student

UG: Loyola-New Orleans

- First-generation & low-income student
- Transitioning to med school
 - MSRP
- Student National Medical Assoc.



Agurah Humphreys

First Year Student

UG: USF

- Acclimating to med school
 - Health Professions Scholarship Program
- Underrepresented in Medicine



Daniel Liu

Fourth Year Student

UG: LSU & UF

- Radiation Oncology
 - Research
- Out-of-state
- Living in Gainesville
- Gainesville restaurants



Shelby Murphy

Third Year Student

UG: UF

- LGBTQ+ (HQA)
- Obstetrics & Gynecology
- Exec. Board-Fundraising Chair
- Mental health & wellness



Shavano Steadman

Fourth Year Student

UG: UM

- Urology
- Diversity
- International outreach
- Resident teaching and mentorship



Stephan Quintin

First Year Student

UF: UWF

- MD-PhD
- Non-traditional—multiple growth years
- Christian Medical-Dental Assoc.



Jeff Dela Cruz, MS1

**President, Class of 2024
MODERATOR**



CJ Arcalas, MS1

**Vice President, Class of 2024
MODERATOR**

Faculty Panel & Moderators



Jose Abisambra, PhD

Assistant Dean

- Associate Professor - Neuroscience
- Diversity and health equity
 - Research



Irene Estores, MD

Associate Professor

- Department of Medicine
 - Integrative medicine
 - Collaborative Learning Groups (faculty mentored groups of 7 students)
 - Faculty mentoring



James Gorske, MEd

Learning Specialist

- Office of Student Affairs
- Academic support and accommodation
 - STEP prep



Michelle Jacobs, MD

Assistant Dean

- Assistant Professor - Psychiatry
- Diversity and health equity
 - Student wellness
- Adjustment to medical school



Michael Lauzardo, MD

Associate Professor

- Infectious Diseases and Global Medicine
 - Deputy Director - Emerging Pathogens Institute
- UF COVID-19 response



Krystal Glasford, MS1

MODERATOR

Faculty Panel & Moderators



Shireen Madani Sims, MD

Vice Chair—Admissions

- Associate Professor - Obstetrics & Gynecology
- Student Clerkship Director
 - Robotic Surgery



Thomas Morrissey, MD, PhD

Associate Professor

- Department of Emergency Medicine, UF Health JAX
- Anything Jacksonville
 - Work-Life balance
 - Mentorship
- Outdoor Adventures



Peter Sayeski, PhD

Professor

- Associate Chair - Physiology & Functional Genomics
- Research opportunities at UF
- Course Director— preclinical
 - Medical education
- Former West Coast resident



Elisa Sottile, MD

Assistant Professor

- Department of Medicine
 - Internal Medicine
- UF COM Jacksonville



Lisa Spiguel, MD

Associate Professor

- Department of Surgery
 - Surgical Oncology
- Women in surgery



David Vanderbilt, MS1

MODERATOR

Faculty, Administration and Staff



Colleen Koch, MD, MS, MBA
Dean, College of Medicine



Joseph Fantone, MD
Senior Associate Dean for
Educational Affairs



James W. Lynch Jr, MD
Assistant Dean for Admissions



Donna Parker, MD
Associate Dean for Diversity
and Health Equity



Shelley Collins, MD
Associate Dean for
Student Affairs



Heather Harrell, MD
Associate Dean for
Medical Education



Michelle Jacobs, MD
Assistant Dean for Diversity
and Health Equity



Shireen Madani Sims, MD
Vice Chair for Admissions



Juliet Hill
Director of Admissions



Danielle Thomas
Assistant Director of Admissions



Alexis Wisdom
Interview Day Coordinator



Michelle Baldwin
Administrative Assistant



Esther Olosoji
Program Assistant



Susana Morales
Financial Aid Administrator



Charles Poulton
Audiovisual Specialist

Admissions Welcoming Committee



Lucie Moore, MS1
AWC Co-Chair



Juliette Romeus, MS1
AWC Co-Chair



Ashley Simenson, MS1
AWC Co-Chair



Brianna Simmons, MS1
AWC Co-Chair

Orientation Committee



Nazaree Edwards, MS1
Orientation Co-Chair



Caroline Lamoutte, MS1
Orientation Co-Chair



Marlee Mallat, MS1
Orientation Co-Chair



Vishal Perera, MS1
Orientation Co-Chair



**HOW WE LEARN
DEFINES HOW WE CARE ...**

