Please feel free to reach out to any of the individuals listed below as they are eager to help you in any way possible!

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</table>
| CJ Arcalas            | Moderator                   | Univ. of Miami | chelseaarcalas@ufl.edu | - Wellness  
|                       |                             |              |                         | - Preclinical curriculum  
|                       |                             |              |                         | - Extracurriculars/Exec. Board    
|                       |                             |              |                         | - Diversity                                                                  |
| Riley Bohan           |                             | Univ. of Florida | rbohan1@ufl.edu      | - Collaborative Learning Groups (CLG)  
|                       |                             |              |                         | - Mentors                                                                                    
|                       |                             |              |                         | - Study/organization/balance  
|                       |                             |              |                         | - Life as a first year                                                            |
| Jeff Dela Cruz        | Moderator                   | Univ. of Florida | j.delacruz@ufl.edu   | - Extracurriculars  
|                       |                             |              |                         | - Equal Access Clinic Officer – Eastside clinic  
|                       |                             |              |                         | - Orthopaedic Surgery Interest Group Treasurer  
|                       |                             |              |                         | - Orthopaedics research  
|                       |                             |              |                         | - UF COM sports                                                                 |
| Nazaree Edwards       | Panelist                    | Univ. of Florida | nazaree0201@ufl.edu  | - First-generation  
|                       |                             |              |                         | - Med school before & after COVID  
|                       |                             |              |                         | - Time off in med school/wellness/mental health  
|                       |                             |              |                         | - Psychology Interest Group Co-President  
|                       |                             |              |                         | - MSRP  
|                       |                             |              |                         | - Admissions Welcoming Committee  
|                       |                             |              |                         | - Mentoring                                                                    |
| Ally Fraser           | Panelist                    | Univ. of Florida | allysfraser@ufl.edu  | - White Coat Company  
|                       |                             |              |                         | - Equal Access Clinic (Eastside Clinic Operations Coordinator)  
|                       |                             |              |                         | - Pediatrics and ENT                                                          |
| Krystal Glasford      | Moderator                   | Univ. of Florida | kglasford@ufl.edu     | - Perspective of someone who grew up overseas; adjustment to med school for URM student  
|                       |                             |              |                         | - HPSP  
|                       |                             |              |                         | - Equal Access Clinic Officer  
<p>|                       |                             |              |                         | - Work/life balance, extracurriculars, how to set boundaries                   |</p>
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<tr>
<td>Ariel Hall – Panelist</td>
<td><a href="mailto:arielhall@ufl.edu">arielhall@ufl.edu</a></td>
<td>Loyola Univ. – New Orleans</td>
<td>- First-generation&lt;br&gt;- Low-income: learning to budget in med school&lt;br&gt;- Transitioning to med school&lt;br&gt;- Cardiology Interest Group President&lt;br&gt;- Student National Medical Association&lt;br&gt;- MSRP&lt;br&gt;- Anatomy prosections after first year</td>
</tr>
<tr>
<td>Abigail Huelsman</td>
<td><a href="mailto:arhuelsman@ufl.edu">arhuelsman@ufl.edu</a></td>
<td>Univ. of Florida</td>
<td>- Anesthesiology Interest Group&lt;br&gt;- Quality Improvement and Patient Safety Discovery Track&lt;br&gt;- MSRP Program&lt;br&gt;- Equal Access Clinic&lt;br&gt;- AMWA mentoring&lt;br&gt;- Admissions Welcoming Committee</td>
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<tr>
<td>Agurah Humphreys</td>
<td><a href="mailto:ahumphreys@ufl.edu">ahumphreys@ufl.edu</a></td>
<td>Univ. of South Florida</td>
<td>- Acclimating to med school&lt;br&gt;- Health Professions Scholarship Program (HPSP)&lt;br&gt;- Underrepresented in medicine&lt;br&gt;- School during COVID</td>
</tr>
<tr>
<td>Leah Noe</td>
<td><a href="mailto:lnoe@ufl.edu">lnoe@ufl.edu</a></td>
<td>Marian Univ. – Indianapolis</td>
<td>- Anything!&lt;br&gt;- Low-income student experience&lt;br&gt;- Out-of-state&lt;br&gt;- Handling major life events while in med school&lt;br&gt;- Imposter syndrome</td>
</tr>
<tr>
<td>Stephan Quintin</td>
<td><a href="mailto:squintin@ufl.edu">squintin@ufl.edu</a></td>
<td>Univ. of West Florida</td>
<td>- MD-PhD&lt;br&gt;- Non-traditional – with multiple growth years&lt;br&gt;- Neuro research&lt;br&gt;- Christian Medical-Dental Association</td>
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<tr>
<td>Krystal Stennett</td>
<td><a href="mailto:kstennet@ufl.edu">kstennet@ufl.edu</a></td>
<td>Univ. of Georgia</td>
<td>- First generation student&lt;br&gt;- Underrepresented in medicine&lt;br&gt;- Low income&lt;br&gt;- Out-of-state&lt;br&gt;- Time management/preparing for class/finances&lt;br&gt;- Life in med school</td>
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| David Vanderbilt      | dvanderbilt@ufl.edu            | - Adjusting to medical school  
- Life in Gainesville  
- Distance to live from campus  
- Remaining competitive for residency  
- Getting to know classmates during COVID |
| Rachel Baker          | rachel.baker@ufl.edu           | - Married in med school  
- Out-of-state  
- Emergency Medicine  
- Dog owner |
| Mallika Bhatta        | mbhatta@ufl.edu                | - Anything!  
- Equal Access Clinic  
- LGBTQ+  
- Anesthesiology  
- Mental health/wellness in medical school  
- Involvement with organizations/Executive Board |
| Victor Silva          | victorsilva1108@ufl.edu         | - MD-PhD  
- Mental health/wellness in medical school  
- Involvement with organizations/Executive Board |
| Katelyn Flaherty (G1) | flahertyk@ufl.edu              | - Anything!  
- Exams  
- Life in Gainesville  
- UFCOM culture  
- Access to research mentors and/or career mentors |
| Troy Hamner           | thamner004@ufl.edu             | - Anything!  
- Exams  
- Life in Gainesville  
- UFCOM culture  
- Access to research mentors and/or career mentors |
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| Sara Kennedy               | sarakennedy@ufl.edu       | Univ. of Florida | - Pediatrics  
- Non-traditional  
- Med school after your 20s  
- Moving from big city to Gainesville |
| Shelby Murphy – Panelist    | shelbyannmurphy2@ufl.edu  | Univ. of Florida | - Health Queer Alliance/LGBTQ community  
- Obstetrics & Gynecology interest  
- Equal Access Clinic Women’s Night  
- Exec. Board – Fundraising Chair  
- Caring for mental health/depression in med school  
- Anything! |
| Patrick Perche             | patrickperche@ufl.edu     | Univ. of South Florida | - Anything!  
- Equal Access Clinic  
- NIH research  
- Anatomy |
| Gabriella de Paz - Panelist | gdepaz@ufl.edu            | Massachusetts Inst. of Technology | - Neurology  
- Non-traditional  
- White Coat Company  
- Latino Medical Student Association  
- Gainesville native |
| Mary Beth Hampe            | mb601uf@ufl.edu           | Univ. of Florida | - Family Medicine & Primary Care  
- Academics and teaching  
- Personal and professional wellness |
| Daniel Liu – Panelist       | ichialiu@ufl.edu          | Louisiana State Univ & Univ. of Florida | - Radiation Oncology  
- Research  
- Out-of-state  
- Living in Gainesville  
- Restaurants in Gainesville |
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<tr>
<th>Name</th>
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<th>Undergraduate</th>
<th>Matched</th>
<th>Ask Me About</th>
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| Sydney Look           | sydneylook@ufl.edu        | Florida State Univ. | Pediatrics, University of Utah          | • Anything!  
• Pediatrics  
• White Coat Company  
• MSRP  
• Diabetes Institute  
• Chronic illness and manageability in med school  
• Long-distance relationships in med school |
| Camille Meschia       | camillem@ufl.edu          | Univ. of Notre Dame | General Surgery, University of Florida Jacksonville | Ask Me About  
• Surgery  
• Local, Global Health Equity Track (LGHET)  
• Research |
| Tyler Murphy          | tylerjmurphy@ufl.edu      | Oglethorpe University | General Surgery, Vanderbilt University  | Ask Me About  
• Surgery  
• Equal Access Clinic (site officer, exec board, mini medical school)  
• Research (clinical and basic science)  
• Class Executive board  
• Specialty tracks (Quality Improvement and Patient Safety) |
| Brittany Saldivar     | brittsaldivar@ufl.edu     | Florida State Univ. | Internal Medicine, Vanderbilt University | Ask Me About:  
• Internal Medicine  
• Quality Improvement and Patient Safety Discovery Track  
• Tutoring and assistance resources  
• Clinical research  
• Admissions Welcoming Committee  
• Medical Student Interview Committee |
| Shavano Steadman – Panelist | sssteadman3@ufl.edu     | Univ. of Miami | Urology, University of Michigan | Ask Me About  
• Urology  
• Diversity  
• International outreach  
• Resident teaching and mentorship |
| Joey Whelihan         | joeywhelihan48@gmail.com | Univ. of Florida | Pediatrics, Children’s Hospital of Philadelphia | Ask Me About  
• Pediatrics  
• LGBTQ+ life  
• Getting involved  
• Mentorship |
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| **Gabby Williams**  
gabbytom26@ufl.edu  
UG: Univ. of Florida  
Matched: Anesthesiology, University of Florida  
Ask Me About:  
- Anesthesiology  
- Equal Access Clinic  
- Balance  
- Minority students  
- Mentoring  
- First generation |
| **Jose Abisambra, PhD** – Panelist  
jabisambra@ufl.edu  
Assistant Dean for Diversity & Health Equity; Associate Professor of Neuroscience; Program Co-Director MS in Neuroscience Graduate Program  
Dept: Neuroscience  
Ask Me About:  
- Neuroscience  
- Diversity and health equity  
- Inclusion  
- Research |
| **Irene Estores, MD** – Panelist  
irene.estores@medicine.ufl.edu  
Associate Professor of Medicine; Director of Integrative Medicine Program  
Dept: Medicine  
Division: Internal Medicine  
Ask Me About:  
- Internal & Integrative medicine  
- Collaborative Learning Groups (faculty mentored groups of 7 students)  
- Faculty Mentoring |
| **Jim Gorske, Med** – Panelist  
jgorske@ufl.edu  
Learning Specialist  
Ask Me About:  
- Academic support & accommodation  
- Tutoring  
- STEP prep |
| **Michelle Jacobs, MD** – Panelist  
mejacobs@ufl.edu  
Assistant Dean for Diversity & Health Equity; Assistant Professor of Psychiatry  
Dept: Psychiatry  
Ask Me About:  
- Psychiatry  
- Diversity and health equity |
| **Michael Lauzardo, MD** – Panelist  
lauzam@medicine.ufl.edu  
Associate Professor of Medicine; Deputy Director of Emerging Pathogens Institute  
Dept: Medicine  
Division: Infectious Disease & Global Medicine  
Ask Me About:  
- Infections disease and global medicine  
- UF COVID-19 response |
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<td>Shireen Madani Sims, MD</td>
<td>Panelist</td>
<td><a href="mailto:madanis@ufl.edu">madanis@ufl.edu</a></td>
<td>Obstetrics and Gynecology, Robotic surgery, Clerkships</td>
</tr>
<tr>
<td>Thomas Morrissey, MD, PhD</td>
<td>Panelist</td>
<td><a href="mailto:tom.morrissey@jax.ufl.edu">tom.morrissey@jax.ufl.edu</a></td>
<td>Emergency Medicine @ UF Health Jax, Work-Life Balance, Mentorship</td>
</tr>
<tr>
<td>Peter Sayeski, PhD</td>
<td>Panelist</td>
<td><a href="mailto:psayeski@ufl.edu">psayeski@ufl.edu</a></td>
<td>Research Opportunities at UF, Course director – preclinical, Medical Education, Former West Coast resident</td>
</tr>
<tr>
<td>Elisa Sottile, MD</td>
<td>Panelist</td>
<td><a href="mailto:elisa.sottile@jax.ufl.edu">elisa.sottile@jax.ufl.edu</a></td>
<td>Internal Medicine, UF COM Jacksonville</td>
</tr>
<tr>
<td>Lisa Spiguel, MD</td>
<td>Panelist</td>
<td><a href="mailto:lisa.spiguel@surgery.ufl.edu">lisa.spiguel@surgery.ufl.edu</a></td>
<td>Women in surgery, Surgical Oncology – breast surgery</td>
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